

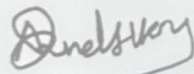
CERTIFICATE

OF ACHIEVEMENT

THIS IS TO CERTIFY THAT

Ritu Nanda

has successfully completed "Meditation and Sound Healing Training" Program Level I, II and Advanced held on June 29 - July 5, 2025 by Lotus Mindfulness and Relaxation Services at Thamel, Kathmandu, Nepal, and is now qualified to practice.

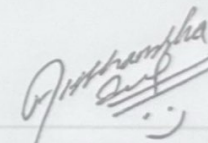


Arvind Shakya

FOUNDER AND SOUND HEALING TRAINER
LOTUS MINDFULNESS AND RELAXATION SERVICES
KATHMANDU, NEPAL



LOTUS
MINDFULNESS AND
RELAXATION SERVICES



Akshamsha Adhikari

SOUND HEALING TRAINER
LOTUS MINDFULNESS AND RELAXATION SERVICES
KATHMANDU, NEPAL

CERTIFICATE NUMBER: 369